

From patient to researcher: Transforming kidney disease treatment

Gary W. Liu

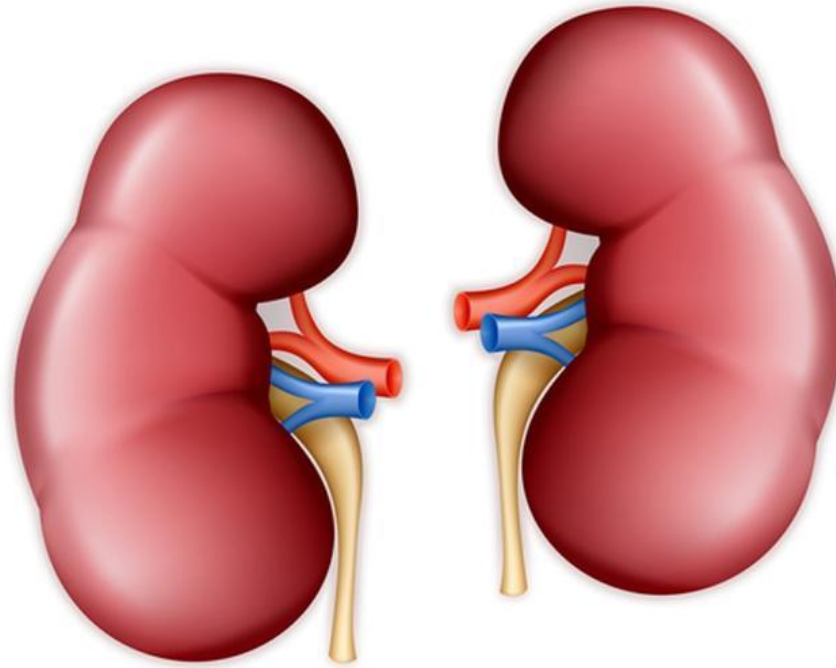
NSF Graduate Research Fellow

Department of Bioengineering,
University of Washington

May 19, 2016

The impact of kidney disease

- Diagnosed with kidney disease at 5
- Disease flares



A pile of pills...



Prednisone
up to 4× tablets/day



Cyclosporine/Gengraf
2× tablets/day



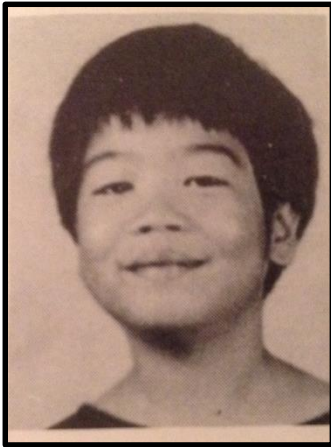
Simvastatin
2× tablets/day



Lasix
up to 2× tablets/day

up to **10 pills** a day

...and a list of side effects

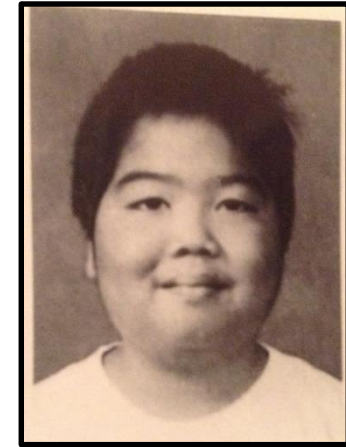


1997-1998
Age 6-7

4 years later



- still had disease flares
- side effects: obesity, high blood pressure



2001
Age 10

The (pill) that broke the camel's back



Actonel

1x tablet/month



The (pill) that broke the camel's back

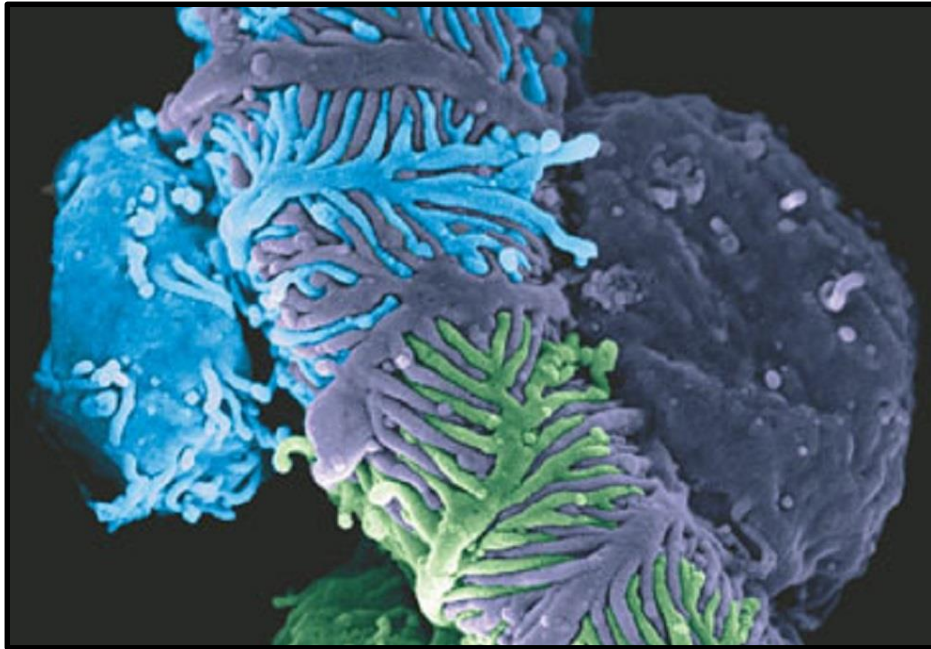


Actonel

1x tablet/month



Podocytes are important kidney cells



podocytes!

Podocyte roles:

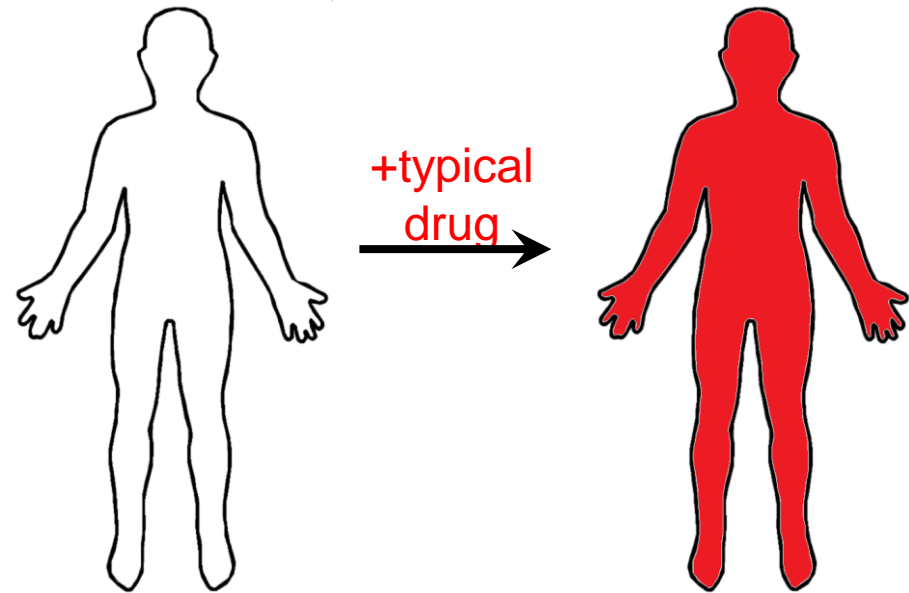
- filtration
- structural support

Podocytes are **injured** in kidney disease...

...so we need to **protect** and **regenerate** these cells!

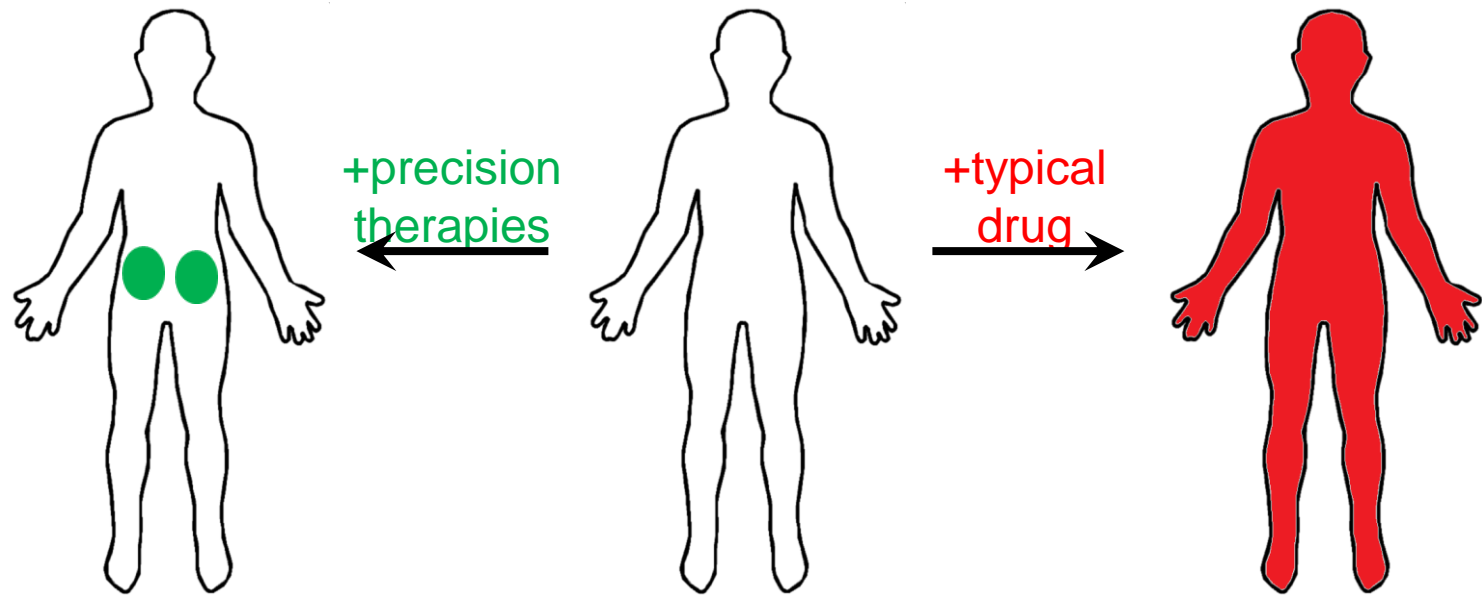
Goal: transform kidney disease treatment

Precision therapies for podocytes



Goal: transform kidney disease treatment

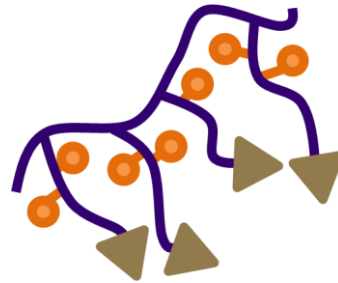
Precision therapies for podocytes



Engineering precision therapies to podocytes

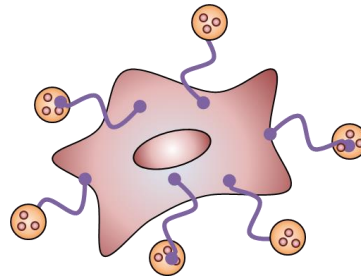
Precision drug delivery to podocytes

Engineered, targeted materials for precision drug delivery



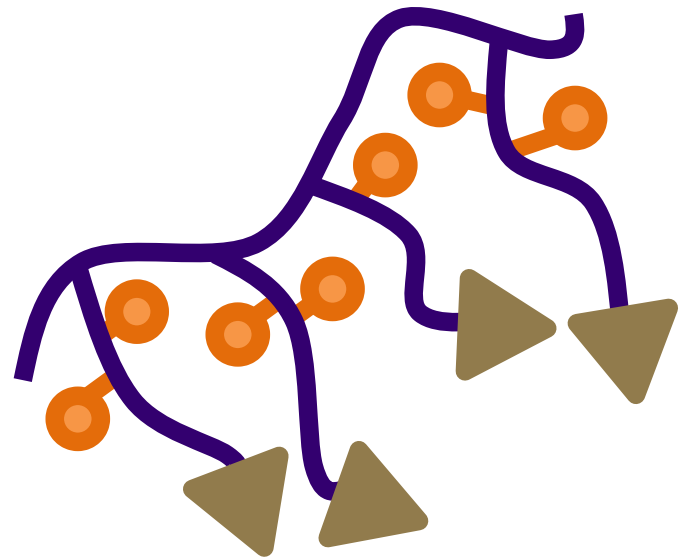
Regenerate podocytes that are lost

Engineered progenitor cells to regenerate podocytes



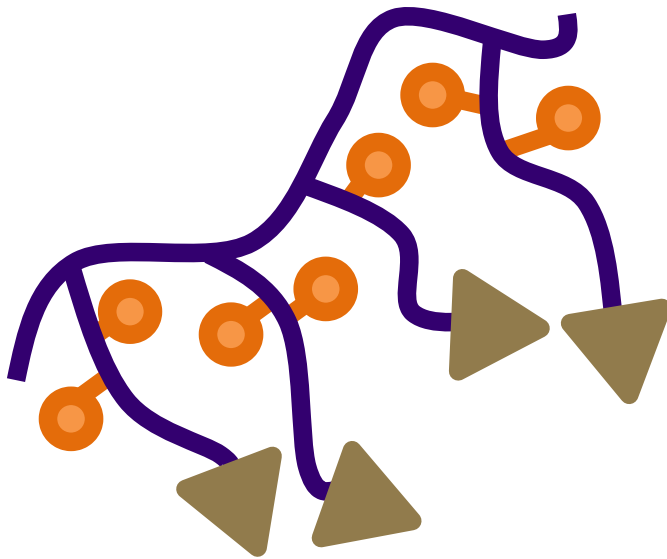
Precision drug delivery to podocytes

1. Homing polymers
2. Targeting molecule
3. Drug



Precision drug delivery to podocytes

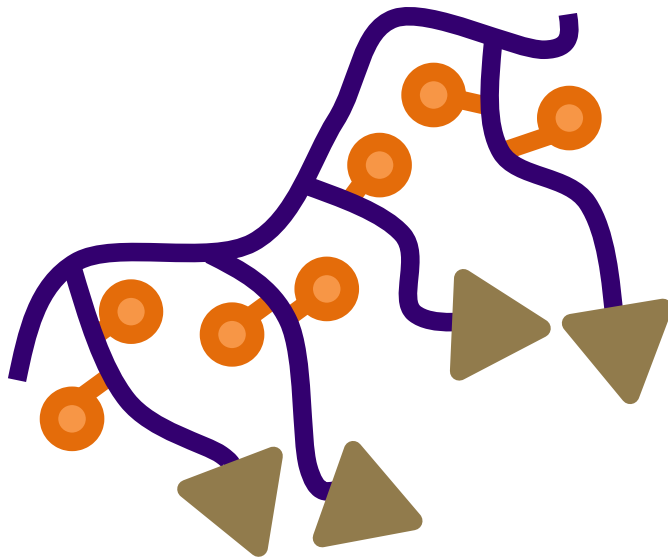
In blood



× no drug release

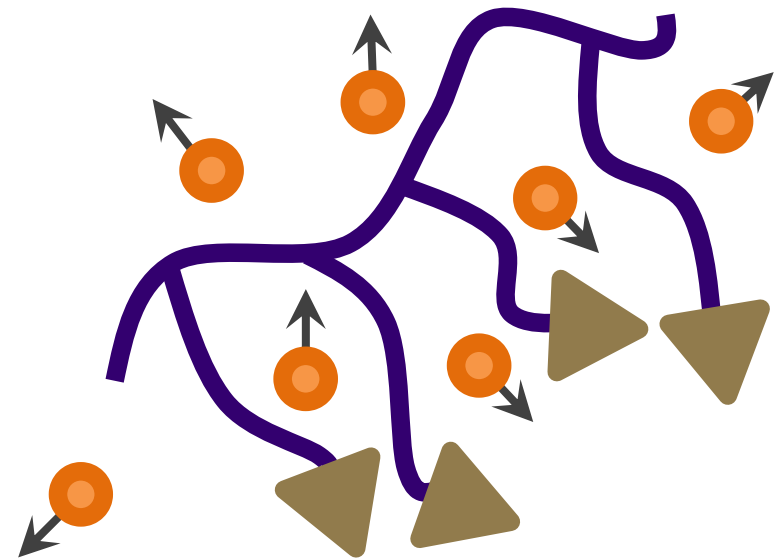
Precision drug delivery to podocytes

In blood



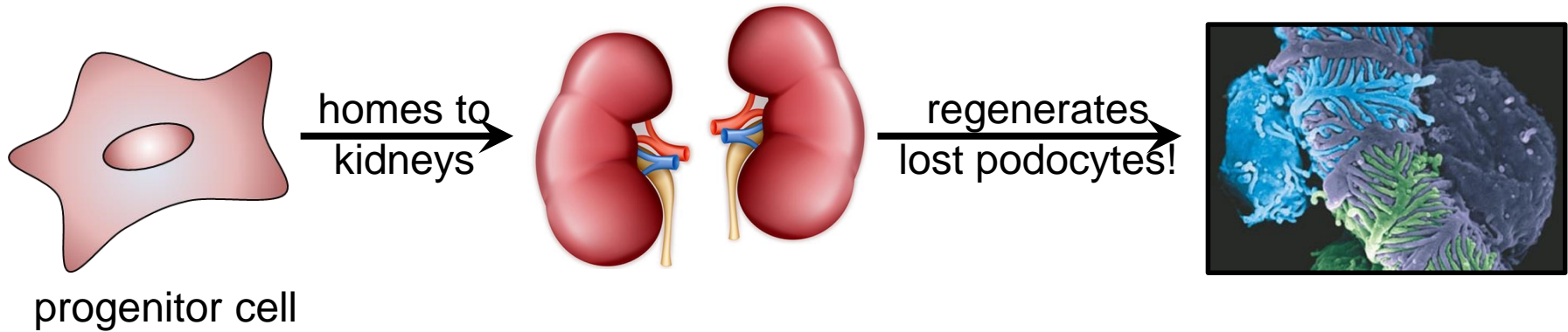
× no drug release

Inside podocytes

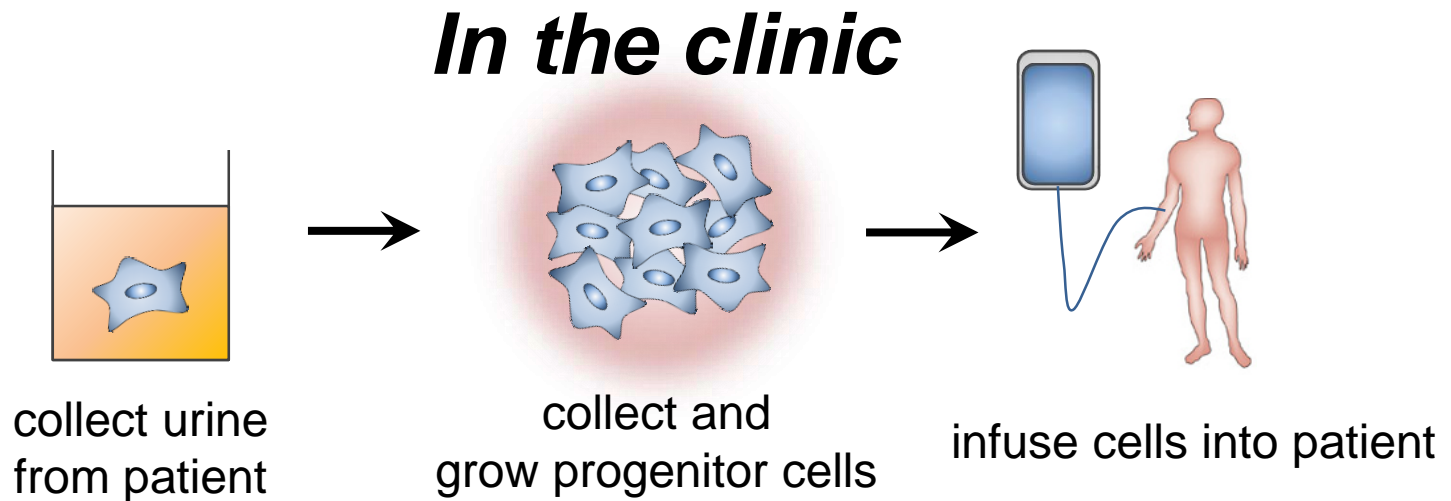


✓ drug release

Regenerate podocytes that are lost

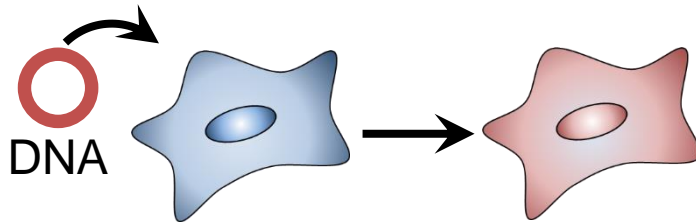


Regenerate podocytes that are lost

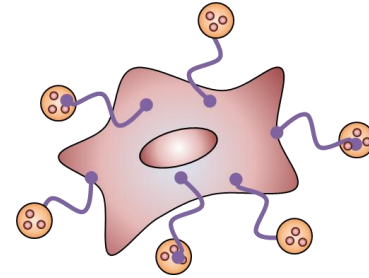


Regenerate podocytes that are lost

In the lab



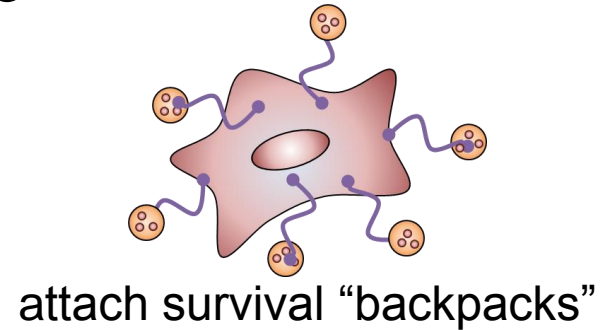
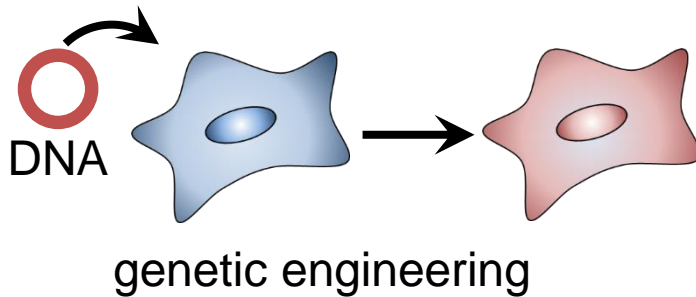
genetic engineering



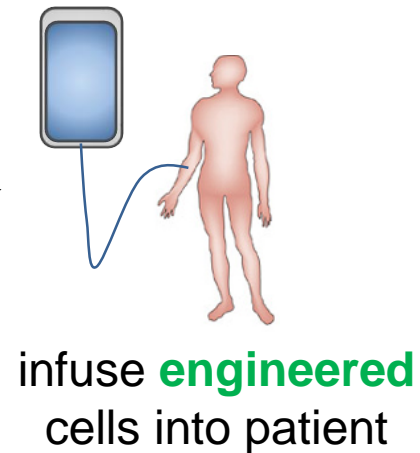
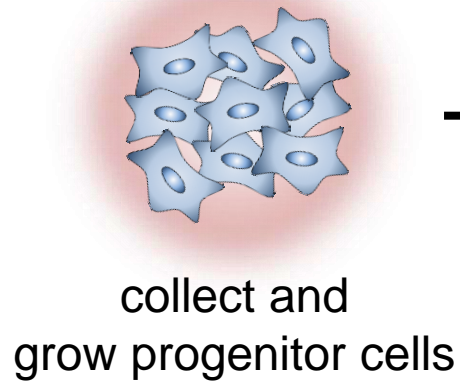
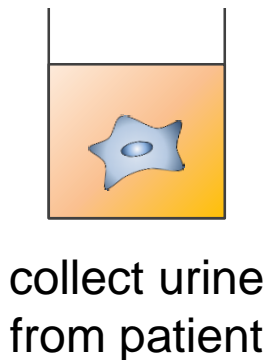
attach survival "backpacks"

Regenerate podocytes that are lost

In the lab



In the clinic



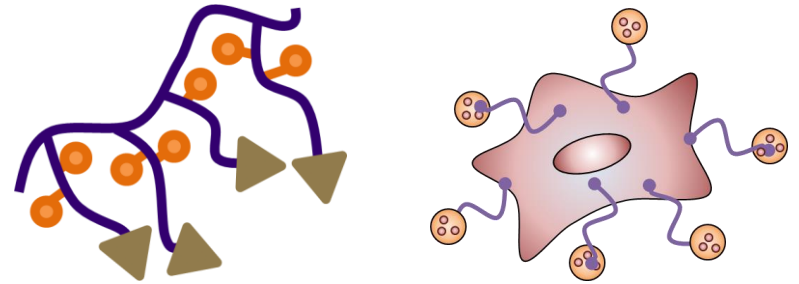
Goal: transform kidney disease treatment

Current treatments



- × many side effects
- × frequent disease flares

Precision treatments



- ✓ less side effects
- ✓ treat injured podocytes

Thank you!

Gary W. Liu

Department of Bioengineering

Email: garywliu@uw.edu

LinkedIn: [linkedin.com/in/garywliu](https://www.linkedin.com/in/garywliu)

Gary Liu is a third-year graduate student working towards a Ph.D. in Bioengineering. He received a B.S. in Biomedical Engineering from The University of Texas at Austin, and was awarded an NSF Graduate Research Fellowship to support his graduate studies. As a kidney disease patient for the past 20 years, Gary seeks to engineer new therapies and technologies to treat kidney disease.